



Easter 2024

Cowes Mayor's Summary

Celebrating a Changing Cowes

Cowes is changing; it always has been, over the years, but now it is gaining a new and exciting sense of direction under the Place Plan initiative. It's not that the Place Plan is responsible for all the changes, many of them are happening anyway, it is responsible, though, for bringing people and organisations together, for coordinating under a common plan to deliver improvements that have synchronised direction in objectives set through the Place Plan.

The Place Plan is looking at how best to locally address learning and skills, business and economy, connectivity, the built environment, community events, and food security. We are coordinating with other organisations operating in the area, such as the Harbour Commission, the Yacht Haven, Cowes Enterprise College, Cowes Week Ltd, our Health Services and Police amongst others, and have ties with Southampton University who have sourced a PhD student to work with us, as the Place Plan work is a useful exercise for their course work.

None of this happens instantly, of course, but we are laying sound foundations for a whole community approach in greater joint determination on what happens in our area, which will include a local area Planning Strategy, with health and wellbeing at its core, drawing on the copious data held by Public Health in the Joint Strategic Needs Assessment, the new police Safer Streets initiative and synchronising with other local strategic plans including the new Island Plan and National Planning Policy Framework.

This falls in nicely with the new direction of our local Police Service, their new High Street premises and focus on neighbourhood policing, also with what is happening in the town as regards to arts, culture and heritage.

Public Conveniences

Cowes Town Council are embarked on a programme to upgrade and refurbish the public toilets that it is responsible for, with the addition of a new Changing Places unit in The Cut and a complete refurbishment of the toilets in Medina Road, including a soon to be commissioned automatic door to the disabled facility. Next on the list will be The Parade, where a complete redesign is likely, as access would not comply with modern standards and expectations. We will also be thinking of the bandstand, which has Village Green Status, to see if there is a way that it could be better used by the community and visitors to the town, bringing more business and interest to that area of the town.

The Wishing Well

Nobody knew who owned the Wishing Well in Shooter's Hill, so the Town Council have taken steps to legally adopt it so that they can assume responsibility whenever works are needed on it. The Well was deemed unsafe when someone or something broke the glass top, and barriers had to be put around the Well to secure it. The Well is on the Public Highway, so works to it must comply with all the rules and regulations that accompany any works on the Public Highway and can only be carried out by a contractor licenced to work on the Public Highway. We have a contractor now who is just going through the process required before works can commence, so a start is anticipated imminently.

Cowes Neighbourhood Police

Cowes Station Team

PS25226 MILLER / PC24423 ROWLANDS (Local Beat Officer) / PCSO18128 YEO / PCSO13384 SCOTT.

Cowes Station Beat Surgery: Cowes is a live working station, however it is open to the public once a week for 3hrs as a beat surgery, this is advertised on the station door and on the Hampshire Website, by opening the station to the public it has given people the opportunity to speak directly to officers, since opening we have had a steady flow of people through the doors, issues have ranged from Youth ASB, Neighbour Disputes, Cycling along the High Street, it has also been an opportunity for members of the public just to have a general chat with us.

ASB 'Youth'

We have spoken to the local youth in regards to ASB in and around Cowes, several have been issued ASB Warning Letters in the presence of their parents, the letter basically states that they have been identified as being responsible for ASB in Cowes and that it will not be tolerated, and if it continues then positive action will be taken.

Youth Club

When speaking with the local youth, they stated that all they wanted was to have somewhere warm, with WIFI that they could hang out with their friends. PCSO YEO has been doing some great work in regards to setting up a youth club, it is currently in its infancy, a location has been identified, and PCSO YEO is in the process of trying to secure funding for the premise and staff.

School Talks

As the local Beat Officer, PC Rowlands has been working with the local schools delivering talks about ASB, Crime and Abuse of Social Media. These talks will continue throughout the year.

Cannabis Northwood Park

There have been some reports of cannabis use in and around Northwood Park, Police have been conducting patrols within the area, unfortunately no person/s have been identified, however Northwood Park will remain on their patrol plan in regards to cannabis use.

'Let's Talk' app

We are going to start using an app called Hampshire Alerts, anyone can sign up to the app and they will receive updates of what is going on in their area. Part of the app is a 'Let's Talk' questionnaire, as a neighbourhoods teams we need to find out where the local issues are, we will be going out and engaging with the community and using the 'Let's Talk' app to complete a simple questionnaire which will highlight the main issues / concerns / hotspot areas we have in Cowes. I have attached a poster with the QR code, if anyone wants to sign up and complete the questionnaire.

VAWG

We general don't experience too many problems around night time economy in Cowes on an evening time, however one of Hampshire drives is violence against woman and girls, our role as a neighbourhood's team is to ensure that lone females are protected, The Police will be rolling out a keyring that will have a personal attack alarm attached, a card with useful phone number on it (Taxi companies etc) and QR codes for an app called 'Hollie Guard' and a QR code that takes you to Hampshire VAWG website, these keyrings will be given out during night time economy, mainly around Friday & Saturday nights.

Role of DNO (Dedicated Neighbourhoods Officer) Also known as 'Local Beat Officer'

PC Rowlands' role is to protect the community, support vulnerable individuals, deliver exceptional policing, use policing powers to solve community problems, relentlessly pursue criminals.

Let's Talk

Help shape policing in your neighbourhood.

Hampshire Alert and Isle of Wight Alert are FREE email messaging services that help us keep in touch with our communities.

We are currently out and about seeking your views on the issues that affect you!

Visit <https://survey.hampshiralert.co.uk/> and let's keep Hampshire and the Isle of Wight safe for everyone.

SAFE FOR EVERYONE

HAMPSHIRE & ISLE OF WIGHT CONSTABULARY

Self referral pathways

Stop Smoking - SmokeFree Island – tel: 01983 642369 or 0800 999 1396, text: QUIT to 66777

or self refer via: <https://smokefreeisland.co.uk/referral-form/>

What they can offer: 12 Nicotine replacement therapy with behaviour support or a free vape starter kit

The graphic features the SmokeFree Island logo at the top left, with the tagline 'YOUR STOP SMOKING SERVICE'. Below it, a large blue text asks 'Want to quit smoking for good?' next to a megaphone icon. To the right, a list of contact methods includes: 'QUIT to 66777', '01983 642369', 'Smokefree.Island@nhs.net', '@SmokefreeIsland' on Instagram and Twitter, and '@SmokefreeIsland' on Facebook. At the bottom, the website 'www.SmokefreeIsland.co.uk' is displayed. On the right side, a blue box titled 'Quitline' offers 'Weekly consultation via telephone, text or face-to-face video chat'. Below this, it advertises a 'Free 12-week programme' of 'Nicotine Replacement Therapy (NRT) with behavioural support or a free vape starter kit'. At the bottom of this box, it promotes the 'Quit with Bella app', stating 'Stop smoking AI, trained by experts who have helped thousands quit'.

Community Urgent Eyecare Service (CUES) - tel: 0300 303 4922 - Mon- Sat 9am to 5pm



Community Urgent Eyecare Service (CUES) Hampshire and Isle of Wight Patients can access local urgent eyecare and free of charge by calling: 0300 303 4922 Monday to Saturday 9am to 5pm

CUES is available to patients presenting with a recent onset urgent eye problem such as:

- painful eye,
- foreign body,
- sudden change in vision,
- or sudden onset of flashes and floaters.

CUES can be accessed by patients of any age registered to a GP in Hampshire, Southampton, and the Isle of Wight.

Sexual Health Services

tel: 0300 300 2016, **Website:** www.letstalkaboutit.nhs.uk

(appointments bookable at SMH online)

FREE STI testing (non symptomatic) available to order online:

<https://www.letstalkaboutit.nhs.uk/stis/>

St Marys Hospital Sit and Wait services:

Walk in sit and Wait STI/Contraception advice at St Marys Hospital Sexual Health Clinic:

- Pre-bookable & same day appointments available online or by phoning 0300 300 2016
- Tuesdays- any age walk in (sit & wait) 9am-11am (No coil fittings or implant removals in this clinic)
- Tuesdays- Young Persons walk in (under 19s) 3-6pm (sit & wait)



What does the Pharmacy First service involve?

The Pharmacy First service involves Day Lewis pharmacy teams, providing clinically appropriate advice and treatment for seven common health conditions.

These conditions are:

- Earache in children aged 1-17 years old
- Sore throat in patients aged 5 years and over
- Sinusitis in patients aged 12 year and over
- Impetigo in patients aged 1 years and over
- Shingles in patients aged 18 years and over
- Infected insect bites in patients 1 years and over
- Uncomplicated urinary tract infections in women 16-64 years old



Space 4U safe haven (for young people) tel: 07741 665182 Mon 5pm-8pm, Wed 5pm-8pm, Thurs 5pm-8pm and Sat 10am-1.30pm. For young people aged between 11-17 (or up to 18 with additional needs), an emotional crisis support service.

USEFUL NUMBERS

Name	Cowes Town Council Councillors - Tel No./ Mobile/ Email	Ward
Anni L Adams	07715 253558; anni.adams@outlook.com	North
Siobhan Barney	07711 184224; siobhan@onehundredknightsbridge.com	North
Linda Brown	01983 295222; 07443 335107; lindylou47@gmail.com	West
Alison Carter	07714 721885; alisoncarter474@gmail.com	West
Stuart Dodwell	07749 254076; gsi-co@hotmail.co.uk	Medina
Stuart Ellis (Deputy Town Mayor)	01983 246352; 07721 606934; bigstu2006@hotmail.co.uk	Medina
Paul A Fuller (Town & IW Councillor)	01983 289595; 07935 090835; paulfulleriw@gmail.com	North
Richard E Hollis	01983 200986; 07375 221971; richardehollis@yahoo.co.uk	North
John U A Nicholson (Town Mayor & IW Councillor)	07918 757843; clr.john.nicholson@outlook.com	South
Neil Oliver	07969 258366; councillor.neil.oliver@gmail.com	Medina
Lora J Peacey Wilcox (Town & IW Councillor)	01983 645765; lora08@sky.com	Medina
John "Jock" Rafferty	07860 929462; jockrafferty@gmail.com	Medina
Phillip Sanders	07796 772634; phill.sanders@outlook.com	South
David Walters	01983 653194; 07525 774106; davidwalters572@gmail.com	North
Wendy Wardrop	01983 298687	North
Vacancy		Medina
Richard Quigley (IW Councillor only)	07966 076064; richard.quigley@iow.gov.uk	Cowes North

Town Clerk: Mrs Claudine Russell, Town Council Office, Northwood House, Ward Avenue, Cowes. PO31 8AZ
townclerk@cowestowncouncil.org.uk Tel: 01983 209022.

Deputy Town Clerk: Mrs Kate Scragg, Town Council Office, Northwood House, Ward Avenue, Cowes PO31 8AZ
deputytownclerk@cowestowncouncil.org.uk Tel: 01983 209022.

Cowes Town Council Emergency Out Of Hours Number: 07502 444883

Website: <https://www.cowestowncouncil.org.uk/>

Useful Numbers	Tel. Number	Useful Numbers	Tel. Number
St Mary's Hospital	01983 822099	Isle of Wight Council	01983 821000
Cowes Medical Centre	01983 295251	Member of Parliament (Bob Seely)	01983 220220
Emergency Services (all)	999	Age UK (IW) (Advice on benefits/ grants and handyman service)	01983 525282
Police (non-emergency)	101	Citizens Advice Bureau	0344 411 1444
Medical Advice (non-emergency)	111	Cowes Library	01983 293341
Crimestoppers	0800 555 111	Schools:	
Environment Agency	0800 807 060	Cowes Primary School	01983 293261
Floodline	0345 988 118	Lanesend Primary School	01983 293233
Gas Leaks	0800 111 999	Gurnard Primary School	01983 295713
Electricity Emergency	0800 072 7282	Northwood Primary School	01983 293392
Southern Water	0330 303 0368	Cowes Enterprise College	01983 203103
Island Roads (24hrs.)	01983 822440	Rail Enquiries	03457 484950
Homestart - Support for families with young children	01983 533357	Foodbank	01983 292040
Hants & IW Fire - Free home fire safety check community.firesafety@hantsfire.gov.uk	023 8064 4000	Red Funnel Ferries	02380 019192
Jigsaw Family Support – support for those affected by family separation www.jigsawfamilysupport.com	01983 639 793	Samaritans Isle of Wight	01983 521234
Pension Service (Pension Credit entitlement check)	0800 99 1234	Social Services (Adult)	01983 814980
The Footprint Trust	01983 822282	Social Services (Children)	0300 300 0117
		Storeroom (Furniture project)	01983 298679

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