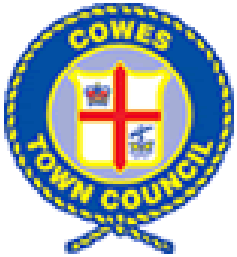


Age Friendly Island Charter

Older people have the right to:



Inclusion

Access and enjoy the same opportunities as others, so strengthening relationships within the Island community.

Health & Wellbeing

Live well by having choice and access to services which enable them to lead fulfilling lives and age well.

Digital

The support to access digital technology. To learn new skills to use online services and stay digitally connected with friends and family.

Participation

Live, work and enjoy leisure activities as anyone else. The wider Island community recognises the skills and assets that older people bring.

Contribution

Influence and shape decisions that affect all aspects of their life and the Island community.

Confidence

Live independently in their home and community. When needing support, older people should have the confidence that they will be heard with respect.

Cowes Town Council pledges to play its part in helping develop an Age Friendly Island by:

- Ensure all Council actions and decisions are tested for 'Age Friendliness'
- Work with Councillors across all wards to help reduce social isolation and loneliness